

# PERSONAL CARE SERVICES (PCS)



# What is PCS?

PCS is a Medicaid benefit that assists eligible clients who require assistance with **activities of daily living (ADLs)** and **instrumental activities of daily living (IADLs)** because of a physical, cognitive or behavioral limitation **related to** their disability, physical or mental illness, or chronic condition.



# Who is involved with PCS?

- HHSC has oversight and rule making authority.
- DSHS conducts the assessment and makes the determination of eligibility.
- TMHP is responsible for provider relations and claims processing.



# Who can receive PCS?

Individuals who are:

✓ Younger than 21 years of age

✓ Enrolled with:

- ❑ Texas Medicaid Fee-for-Service (FSS),
- ❑ Primary Care Case Management (PCCM),
- ❑ STAR or STAR Health (for children in Foster Care)

✓ Have physical, cognitive, or behavioral limitations related to a disability, or chronic health condition that inhibits ability to accomplish ADLs and IADLs



# ADLs \* and IADLs \*

Range of activities that healthy, non-disabled adults can perform for themselves

\* *ADLs: activities of daily living*

\* *IADLs: instrumental activities of daily living*



# ADLs

- Bathing
- Bed
- Mobility
- Dressing
- Eating
- Personal Hygiene
- Positioning and Transferring
- Toileting

# IADLs

- Grocery shopping
- Cleaning
- Laundry
- Meal preparation
- Medication Assistance
- Transportation to Medical Appointments



## The following needs of the parent/guardian are also considered:

- The parent/guardian's need to sleep, work, attend school, meet his/her own medical needs.
- The parent/guardian's legal obligation to care for, support, and meet the medical, education, and psychosocial needs of his/her other dependents.
- The parent/guardian's physical ability to perform the personal care services.



# PCS Does **Not** Include:

- Services when the client has the physical, behavioral, and cognitive abilities to perform an ADL and/or IADL without adult supervision
- Respite care or child care
- Protective supervision





# PCS Does **Not** Include:

- Skilled services provided by Nursing Services;
- Services provided to an inpatient or a resident of a hospital, nursing facility, intermediate care facility for the mentally retarded, or an institution for mental disease; or
- Duplication of services provided by other programs within Texas Medicaid.



# Client Referrals

A client referral can be provided by anyone who recognizes a client need for PCS including, but not limited to, the following:

- Client
- A primary practitioner, primary care provider, or medical home
- A licensed health professional who has a therapeutic relationship with the client and ongoing clinical knowledge of the client
- A family member



# How are referrals made?

- Contact the toll-free PCS Client line at 1-888-276-0702
- Client line: available 7:00 am-7:00 pm, Monday through Friday
- PCS client line will refer clients to Texas Department of State Health Services
- Referrals can also be made directly to DSHS regional staff



# What happens once referral is made?

- DSHS receives the PCS referral.
- The client/parent/guardian is contacted by phone for additional information.
- A DSHS case manager schedules an assessment in the client's home to determine eligibility.



# More Processes

- If the client qualifies, DSHS will coordinate the start of PCS with a PCS agency of the client/parent/guardian's choice.
- Authorization Request is sent to TMHP
- TMHP sends out provider and client letters containing approved hours and dates



# Other Information

- The DSHS case manager will conduct a reassessment every twelve months for clients found eligible for PCS.
- DSHS case managers will screen clients for other Medicaid services and benefits and make referrals as indicated.



# Helpful Resources

- Texas Medicaid & Healthcare Partnership (TMHP)
  - PCS Client Line 1-888-276-0702
  - [www.tmhp.com](http://www.tmhp.com)
- Texas Department of State Health Services
  - [www.dshs.state.tx.us](http://www.dshs.state.tx.us)
- HHSC
  - [www.hhsc.state.tx.us](http://www.hhsc.state.tx.us)

